

CROSS COUNTRY SKI FESTIVAL **FEBRUARY 4-5, 2012** check www.cityoflakesloppet.com for more information









# MOA Family Day Saturday, February 4, 2012

MOA Family Day features a whole day of spectator- and family-friendly events and activities in Uptown. Events include:



#### **<b> ∦Trivia:**

Over 600 Minneapolis
Public Schools elementary
school students learned to
ski through City of Lakes
Nordic Ski Foundation youth
programming this year.
Many of those students will
be participating in the Cook
County Minne(sota)-Loppet
and the Rossignol Junior
Loppet.



### SW Journal Snow Sculpture Competition (All Day)

- Penguins, Polar Bears, skiers and art all come to life from snow.
- Sculpting from 8 a.m. 1 p.m. near the Tin Fish at Lake Calhoun
- Judging from 1:15 1:45 p.m.
- Viewing all day, all weekend.

### Loppet Kubb Tournament (11 a.m. - 8 p.m.)

- · Swedish lawn game on snow
- In front of the Tin Fish on Lake Calhoun

### Penn Ice-Cycle Loppet (Noon - 2:30 p.m.)

- · Circuit bike racing on a track of ice.
- On the lagoon between Lake of the Isles and Lake Calhoun.
- Preliminary heats from noon 1:30 p.m., finals from 1:30 – 2:30 p.m.

### Finn Sisu Sprints – Qualifying Heats (12:30 p.m.)

- Skiers start on Lake of the Isles and finish on Hennepin Avenue
- A race against the clock skiers start individually, those with the best times advance to the finals later in the day.

### Chuck & Don's Skijoring Loppet (1:30 p.m.)

- · Combines dog sledding and skiing.
- Lake of the Isles Uptown.
- Watch both the running of the dogs and the Loppet ice bike race...
- 7K one-dog national championship race, 5K and 2.5K races.

### Rossignol Junior Loppet (2:30 p.m.)

- A race specially designed for skiers 19 and under.
- New start on Lagoon between Lake of the Isles and Lake Calhoun, finish on Hennepin
- Skiers race against others in their age classes: 18-19 (older juniors), 16-17 (J1), 14-15 (J2), 12-13 (J3), 10-11 (J4), 8-9 (J5), 7 and under (Youth Division).
- 1K (straight in) or 3K or 5K races around Lake of the Isles, all with a Hennepin Avenue Finish.

### Minnesota Youth Ski League SuperCarnival (1:30 p.m. – 3:30 p.m.)

- This free event includes food, fun and ski games for kids of all ages (limited equipment available for kids without skis).
- Lagoon between Lake of the Isles and Lake Calhoun



### Cook County Minne(sota)-Loppet (3:30 p.m.)

- Free event for pre-registered kids ages 12 and under (\$10 to register day-of).
- New start on Lagoon between Lake of the Isles and Lake Calhoun, finish on Hennepin
- Everyone is a winner all kids receive a medal, a homemade cookie and hot cider.

### Finn Sisu Sprints Finals (4:30 p.m.)

- Two-minute heats in the heart of Uptown!
- Junior (19 and under by age category), Paralympic and Open categories. Cash prizes for Paralympic and Open categories.
- Only the best make it to the Finals: top eight men and women in the Open category, top four females and males in each Junior and Paralympic category.

# Park Nicollet Luminary Loppet (note that registration is required for this event)

### (6 - 9 p.m.)

- 1,000+ ice luminaries, an even bigger ice pyramid, fire dancers, the Ice-Cropolis, the downtown skyline, and much more...
- Bon fires, cookies and hot cocoa stations.
- Post-Luminary Uptown Party in Calhoun Square for paid registrants / \$10 otherwise.
- Non-competitive registration is open to snowshoers, walkers and skiers alike.
- Hennepin Lake of the Isles Hennepin.
- New Surly Brewing Beer Garden complimentary 10 oz. pour for each adult Luminary Loppet participant.

### Post-Luminary Party (7 p.m. - 10 p.m.)

- · Live music and dancing in Calhoun Square
- Free for Loppet registrants, \$10 otherwise

### **Vendor Village**

- Dozens of fitness and winter vendors in Calhoun Square
- Free samples, fitness technology and advice, wax recommendations, shopping, and much more...
- Saturday: 1 p.m. 7 p.m., Sunday 10 a.m. 3 p.m.

### Surly Beer Garden

• Calhoun Square and near the Tin Fish on Lake Calhoun

# Sunday Events February 5, 2012

# Spectating Information Accessing the Event

#### The REI 10K Tour (9:00 a.m. start)

- Non-competitive
- Family and friends ski together from Wirth Park to Uptown
- Easier course avoids hills and takes the direct route Spectating tip: Most Tour finishers will arrive between 10:00 and 11:45 a.m.

### The Hoigaard's Classic Loppet (9:20 a.m. start)

- 25 kilometers (15+ miles)
- Classic skiers use the traditional style of cross country skiing
- Trivia: Along with the Tri-Loppet and Trail Loppet, the
  City of Lakes Loppet is part of the Hoigaard's Challenge.
  Participate in all three events in the same year, compete
  for age group recognition and receive a commemorative
  pin and a chance to win a one-week stay at Bearskin
  Lodge on the Gunflint Trail.
- Spectating tip: The winners will arrive between 10:30 and 10:45, but classic skiers will continue to finish throughout the day.

### The City of Lakes Loppet (10:30 – 11 a.m. start)

- This race is "freestyle" meaning that skiers can ski in any style but most skiers will use the skate-style of skiing.
- This is the most popular Loppet race, with over 1,200 participants expected.
- Trivia: Over \$3,000 in prize money. Past Loppet Champions include Minneapolis-based Olympians Carolyn Bramante and Caitlin Gregg as well as Kazakhstani Olympian Andrey Golovko.
- Spectating tips: The winners will arrive in Uptown between 11:45 and 12:15 p.m., depending upon course and weather conditions, but skiers will continue to finish throughout the day.

### Chuck & Don's 14k Skijoring Loppet - 2-Dog National Championship (1:00 p.m. start)

- Skijoring teams start and finish in the new stadium at Wirth and race two laps around the Hap & Judy Competition Loop as well as the Twin Lake Trail.
- This is the second event in the Skijor USA National Championships.
- Trivia: With 186 skijoring teams, the 2011 Chuck & Don's Skijoring Loppet was the largest skijoring event in the world!

## Chuck & Don's Sunday 7K Fun Skijoring Loppet

### (1:05 start)

Wirth Park

#### Awards (2:30 start)

• Comedy Sportz in Calhoun Square

### Bicycling and Bussing to the Events

- Uptown Biking and bussing to the Uptown events is easy.
- Use the Midtown Greenway or the Chain of Lakes to bike.
- Free bus passes provided by Metro Transit. Download on the City of Lakes Loppet website
- Use any Hennepin or Lake Street bus. See www.metrotransit.org.
- Wirth Park There is no car parking at Wirth Park on Sunday. However, biking and bussing to the start are welcomed. Take the 7 bus from south Minneapolis or downtown or arrive by bike using Wirth Parkway, Victory Memorial Drive or Plymouth Avenue.

### Sunday Parking

- Classic/Freestyle/Tour Start Area and Spectator Parking –
  Golden Valley Business Center lot (Optum Health), located
  at Hwy 55 and Douglas (NW corner, west of Hwy 100).
  Shuttle buses will run between the start area at the Wirth
  Park Chalet and the parking lot from 7:30 a.m. until 11:30
  a.m. Return buses will run from Lagoon Avenue near the
  Walker Library to the Optum Health lot until 4 p.m. There
  will be no parking at Wirth Park or on adjacent streets.
- Free Finish Area/Spectator parking Calhoun Executive Center.
- Calhoun Square Most convenient parking near the finish line
- Please check www.cityoflakesloppet.com for more information and updates.

### Suggested Spectator Areas North Minneapolis:

- Start Area Wirth Park Chalet (Plymouth Avenue and Wirth Parkway) - 9:00 a.m. - 2 p.m. - Bike or bus service (Loppet or Metro Transit) advised as there will be no car parking available until after noon.
- J.D. Gardens Area/Wirth Beach Glenwood Avenue –9:10 – 12:30.

#### Bryn Mawr:

- Bryn Mawr Elementary and Anwatin Middle School –11 a.m.
   1:00 p.m.
- Wirth-394 crossing/Brownie Lake See the unique sight of thousands of skiers crossing a major interstate... – 9:30 a.m. – 2:00 p.m.
- Cedar Lake Park –10:30 a.m. 2 p.m. (Immediately adjacent to Cedar Lake Bike Trail)

#### Kenwood:

- Kenilworth Channel the bridges and narrow channel make this a great place to watch and cheer – 9:30 a.m. – 2:30 p.m.
- Isles Skating Rink Skate at the historic Isles skating rink while cheering the skiers – 10:30 a.m. – 3:00 p.m.
- The Lagoon between Isles and Calhoun 9:30 a.m. 3:30 p.m.
- Lake Street and Hennepin between Lake and 31st This is the finish line... 9:45 a.m. – 3:30 p.m.



\*Trivia:
The Nordic Ski Foundation
is hosting the 2012
International Paralympic
Committee (IPC)
Paralympics World Cup for
cross country skiing. Many
athletes will be competing
in the Loppet as well. Look
for Paralympic athletes
from around the world in
the Finn Sisu Sprints.



### **General Spectating Tips**

- Bring bells or noise-makers (it is hard to clap with mittens on)
- · Dress warm.
- · Avoid walking on the trails.
- Single out skiers by bib number "Go number 743."

### Worked up an Appetite?

 Satisfy your cravings at one of the many food carts located on the Lagoon and Lake Calhoun. Saturday:
 11am-9pm or visit one of the many delicious restaurants in Uptown all weekend long.

### Volunteer

 All volunteers receive a Loppet hat and a Goodie Bag. Sign up on-line at www.cityoflakesloppet.com, call the Loppet Volunteer Hotline at 612 604-5330 or email Volunteer Coordinator Alicia Cameron at volunteers@cityoflakesloppet.com for details.



Classic Race

Men - V 25 kilometer 2 Hoigaard's H



Women -25 kilometer Hoigaard's Classic Race



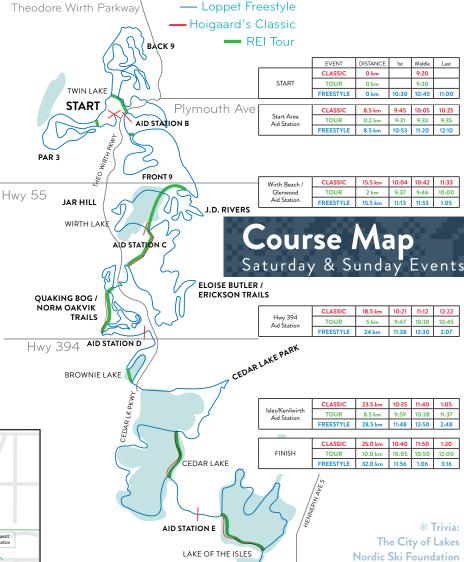
REI 10 k Tour

1000

Men -35 kilometer Loppet Freestyle Race



Women -35 kilometer Loppet Freestyle Race





Visit www.cityoflakesloppet.com or call the Loppet Hotline at 612 604-5330







Minnesota Youth Ski League Cedar Lake Park Association Nice Ride MN



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LAKE CALHOUN



is a 501(c)3 non-

and support cross

Minneapolis area

 especially among inner-city youth.

profit organization. Its

mission is to promote

country skiing in the



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