

The Loppet Foundation Trail Kids Mountain Bike Session/Clinic Coach Job Posting

The Loppet Foundation's mission is connecting people to the outdoors through experiences that grow community. We value anti-racism, collaboration, growth, inclusion, play, stewardship and well-being. The foundation provides quality programming for youth and adults, produces world class adventures and sporting events, and strives to create a welcoming and inclusive community in its operations in Theodore Wirth Park. The Loppet staff are dedicated and energetic individuals who work together leveraging the various aspects of the Foundation to create a whole that is more than the sum of its parts.

The Loppet Foundation is seeking part time mountain bike coaches for our Trail Kids Mountain Bike programs. Trail Kids programs center on general physical development, teaching sport-specific skills, and creating a passion in youth for outdoor endurance sports. Trail Kids coaches will be present during our youth programs to deliver a curriculum that focuses on having fun, making friends, and gaining confidence in the sport. Primarily, coaches lead instruction of various biking skills, facilitate games and drills to practice said skills, and supervise group rides on the singletrack trails

Hours and Locations

Our Sessions are 1.5 hour practices that meet twice a week (M/W or T/TH) for 6 Weeks. In addition to the Sessions, there are Beginner Clinic offerings which meet once a week for 3 Weeks. We ask coaches to commit to all days of the offering to keep consistency with our coaching groups. We offer programming in the afternoons and evenings at Theodore Wirth, Elm Creek, and Lebanon Hills. A full list of our program offerings, schedule, and other information can be found here: 3-Week MTB Beginner Clinic Offerings and 6-Week MTB Session Offerings

Responsibilities

- Employee must have their own email account, smartphone, bike helmet and a mountain bike meeting the requirements outlines in our <u>Equipment Guide</u>
- Knowledge of some basic bike mechanics is required (changing a flat, brake adjustments, kickstand removal and seat adjustments)
- Knowledge of the Mountain Bike Trails and paved trail systems at the location in which you will be coaching
- Arrive 15 minutes before practice begins to meet with the Lead Coach and go over the practice plan
- Welcome families and participants at the beginning of practice and communicate any behavior challenges, riding, or incidents to families upon participant pick up
- Teach bike skills and lead games (especially when trails may be closed) for youth as outlined in the training curriculum and lesson plans
- Set up skill stations, give demonstrations and instruction, facilitate skill practice for groups of participants
- Supervise group rides on the local trails
- Check Stack Team App chats for late arrivals and parent communications, respond as needed
- Work with the Lead Coach to address any behavior issues that come up in coaching groups
- Participate in coaches meetings, debriefs, and training
- Evaluate and record ability levels for program participants
- Provide an inclusive, equitable, and encouraging experience for all participants
- Sign and uphold the Coach Code of Conduct

Provided Training and Certifications

Coach Summit

Coach Summits will support our coaches in providing safe, developmentally appropriate guidance that is rooted in the organizational mission & values, best practices and high quality development. The Summit is a development experience - inspired, designed and facilitated by our community of coaches! The Coach Summit is also an opportunity to connect with coaches and staff from across the organization, while building skills to enhance your coaching experience. These trainings are mandatory and usually scheduled from 9am - 3pm on a Saturday.

All coaches need to go through the following training:

- Heads Up concussion certification
- Safe Sport certification
- Loppet Safety/First Aid presentation (online)
- Risk Management
- Loppet Mountain Bike Skill Fundamentals and/or Progressions online and/or on-the-bike sessions
- Loppet Mountain Bike Coach Manual
- Mission-driven equity guidelines

Trail Kids coaches report to the Lead Coaches, who report to the Trail Kids Director. This is a seasonal hourly position at the Loppet Foundation. Pay range is between \$15.50 and \$17.50 per hour, depending on demonstrable experience. Volunteers are also welcome!

We recognize the need for a diverse workforce and understand that traditionally underrepresented communities must be centered in the work we do. As a Foundation, we are committed to building a blended team that reflects the community we serve. Hence, we strongly encourage BIPOC, Indigenous and Queer-identified individuals to apply.

How to Apply

No phone calls, no walks in. To apply please follow the instructions below precisely:

Email your interest to trailkids@loppet.org with an e-mail subject that reads exactly "Part Time Mountain Bike Program Coach." You may also email this address with questions about the position.